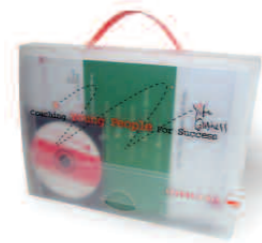


## Leader's Kit contents..

### 1. A Leader's CD that includes:

Seven Power Point Presentations to deliver the Life, Career and Performance Coaching Modules in both groups and one to one.

Plus re-printable Youth Certificates, coaching handouts and evaluation forms.



### 2. A Step by Step Leader's Manual

The Leader's Manual provides step-by-step instructions for every power point slide.

### 3. Eight Coaching Activity Card sets

- LifeStyle Coaching Cards
- WorkStyle Coaching Cards
- Interest Coaching Cards
- Life Type Personality Cards
- Life Motivator Coaching Cards
- My Life Coaching Cards
- My E.Q Coaching Cards
- POWER Performance Cards



## WHAT workers are saying..

"CYPFS is an innovative, simple yet effective tool to engage young people to explore their passions, strengths and future opportunities. The program provides a fantastic format that young people and their parents can easily follow and review as their goals change. Most other Learning Plans electronic or otherwise, can be laborious and lengthy, thus reducing the chance of young people using them as living practical documents. I highly recommend the CYPFS Program for schools and other services that are trying to assist young people to get excited about thinking and planning for their future".

**Sasha Dragovelic**  
National Industry Career Specialist  
(NICS) Innovation & Business

"A most worthwhile program for young people. I am excited and energised about incorporating this into my work and committed to ensuring it becomes part of our school."

**Marie Milne, Assistant Principal**  
Willunga High School,  
South Australia

"Coaching Young People For Success has generated authentic and valuable meaning for me that offers depth to the Individual Learning Pathway Planning. Great Work"

**Nicole Mavroudis**  
WCIG Youth Pathways, Victoria

"A very useful, informative and specifically targeted Program designed and developed to empower young people mould their own futures. A powerful tool"

**Joanna Macklan**  
LCP Manager NE LLEN, Victoria

"Coaching Young People for success is a program that all middle & Secondary teachers should be using in their schools transition plan. Extremely beneficial!"

**Brian Marsh, Lameroo Regional**  
Community School, South Australia

## Local CYPFS Trainer

## Contact Life Business Consultancy to organise..

- Regional and in-house training
- CYPFS Program Demonstrations
- Conference and seminar presentations
- Consultancy and Coaching For Leaders
- Coaching Young People For Success Workshops

For more information go to [www.lifebusiness.com.au](http://www.lifebusiness.com.au)



Contact Life Business Consultancy  
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 Email: [contact@lifebusiness.com.au](mailto:contact@lifebusiness.com.au)  
 Web: [www.lifebusiness.com.au](http://www.lifebusiness.com.au)



## A Complete YOUTH COACHING SYSTEM For Schools & Youth Agencies



**Includes:**  
 Training Program  
 Leader's Kit  
 Pathway Plan Worksheets  
 Consultancy

[www.lifebusiness.com.au](http://www.lifebusiness.com.au)

...in their life, career and study.



"Coaching Young People For Success should and could be part of every middle and senior school program"  
 Ros Sloane, Cleeland Secondary College, Dandenong, Victoria

**ABOUT the Program**

Life Business Consultancy has developed a "turn key" Life, Career and Performance Coaching system that schools and youth agencies can deliver themselves straight away! Coaching Young People For Success is designed for teachers, counsellors, career transition workers and youth professionals and is currently being delivered across Australia and now in the USA.

**HOW it works**

Coaching Young People For Success includes THREE COACHING MODULES that can be delivered separately or together to assist young people design an inspiring **Life, Career and School Performance Pathway Plan** from the inside-out! The Program includes a one or two day Leaders Training Program, a complete Leader's Coaching Kit and Pathway Plan Answer Worksheets that will guide all future coaching sessions.

**WHY it works**

Each Module incorporates the **Life Business POWER Coaching Model** which draws on strategies from **Coaching and Positive Psychology** proven to assist young people find direction and build the emotional skills they need to achieve goals faster! The Program has been evaluated as part a Career Lighthouse Project across seven schools in South Australia and has been measured against the Australian Blue Print for Career Development. (ABCD Framework).

**BECOME a Leader**

**Level 1. Leader's Accreditation Training – One Day**

Workers will be taken step by step through the Program and learn how to deliver the Life, Career and Performance Coaching Modules in both groups and one to one. Each participant will be registered as a CYPFS Leader and receive a Leader's Accreditation Certificate.

**Level 2. Advanced Coaching Skills Training – One Day**

Leaders will then learn powerful solutions focused coaching strategies, practice key one to one coaching skills and learn how to lead powerful conversations that empower young people to overcome obstacles and take action to achieve success in their life, career and study.

**Receive a complete Leader's Coaching Kit**

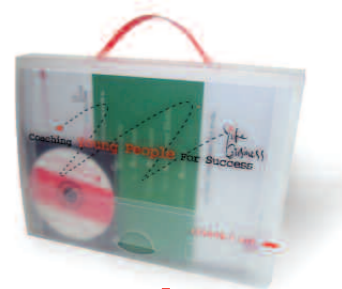
The Program includes a complete Leader's Kit that includes all the resources workers need to deliver the three modules straight away!

Go to [www.lifebusiness.com.au](http://www.lifebusiness.com.au) for training dates, locations and pricing.

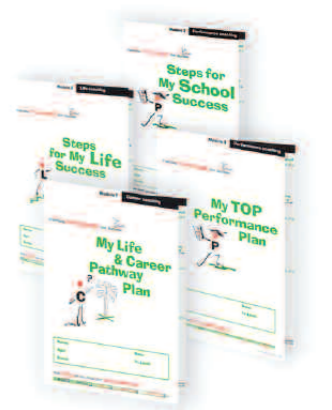
**Training Program**



**Leader's Coaching Kit**



**Pathway Plan Worksheets**



**"Fast track" On-going Coaching**



**Deliver the Life, Career and Performance Coaching Modules in GROUPS and ONE to ONE!**



**Module 1. Career Coaching**

**My Life and Career Pathway Plan**

3 hour session

The Career Coaching Module goes beyond traditional "best fit" career approaches to assist young people design an inspiring Life and Career Pathway Plan from the inside-out! Young people will be led on a journey of self-discovery where they will complete a Personal Profile and connect to who they are, what life and career they would love and design a personalised plan to get there. This Module will fast track ongoing transition planning and assist students make meaningful subject, course and work experience choices.



**Module 2. Life Coaching**

**Steps for My LIFE Success**

2 hour session

The Life Coaching Module includes powerful strategies that will assist young people build the emotional skills they need to take charge and achieve greater well-being and success in all areas of their life. Young people will review their current life, identify the priority areas they need to work on and design a "Steps for My LIFE Success" action plan to move them forward. This Module provides workers and young people with a personal development master plan that will guide future coaching sessions.



**Module 3. Performance Coaching**

**My TOP Performance Plan — for Senior and Tertiary**

1 1/2 hour session

The My TOP Performance Plan Workshop will teach senior students the strategies of TOP school performers, help them to identify their performance blockers and assist them design a tailor made action plan to take their school performance to a new level.

**PLUS**

**Steps For My SCHOOL Success — for Year 7 – 10 students**

1 1/2 hour session

This Workshop is an effective way to empower students to take responsibility for their own learning. Students will assess their current school performance and learn how to set and review their learning goals on a regular basis.