

Professional Development and Training Workshops



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YouthWorX NT is an accredited trainer for both the 'Coaching Young People for Success' Leaders Accreditation Training and Youth Workshop Modules. Life Business Consultancy has contracted YouthWorX NT to facilitate the delivery of the Leaders Accreditation Training and Youth Workshop Modules throughout the Northern Territory.

Leader's Accreditation Training

The Level 1. Leader's Accreditation Workshop will train educators and youth professionals to be leaders of the CYPFS Program. Participants will be taken step by step through the CYPFS Program and Leader's Resource Kit and learn how to deliver the Life, Career and Performance Coaching Modules in both GROUPS and ONE to ONE within their own school or agency.

Coaching **Young People** For Success

The Level 2. Coaching Skills Training assists existing CYPFS Leader's further develop their theoretical and practical knowledge of how to motivate and coach young people for success on a one to one basis. Leaders will learn solutions focused coaching strategies, how to lead powerful coaching conversations using The G.R.O.W Model, and practice key one to one coaching skills to assist young people build the emotional skills they need to overcome obstacles and implement their Life, Career and Performance Pathway Plans on an on-going basis...

Youth Workshop Modules

Module 1: Career Coaching – 'My Life & Career Pathway Plan'

Young people will be led on a journey of self-discovery where they will complete a Personalised Profile, and design an inspiring life and career pathway plan that matches who they are, what life and work they will love and what they need to do to get there.

Module 2: Life Coaching – 'Steps for My Success'

The Life Coaching Module will assist young people to take charge and create a life they will love! They will review their current life satisfaction, set priority goals to work on, identify potential obstacles and make a step-by-step plan to move them forward to achieve greater wellbeing and satisfaction in all areas of their life.

Module 3: Performance Coaching – 'My Top Performance Plan (Years 11 and 12)' & 'Steps for My School Success (Years 7 to 10)'

The Performance Coaching Module includes two coaching workshops designed to assist students of all ages design a tailored School Performance Pathway Plan that identifies the qualities, skills and steps they need to take to maximise their own success at school.

YouthWorX NT has accredited trainers for the delivery of the Youth Workshop Modules based in Darwin, Palmerston and Rural Areas as well as Groote Eylandt and rural New South Wales.

<http://www.lifebusiness.com.au>

Working in partnership to support Territorian youth